

The Panic Slip

Call for Assistance

For those that haven't yet heard, fellow racers Tiff and Steve Johnson have been unexpectedly faced with Steve having emergency surgery for brain cancer. They're receiving excellent care in Seattle and Steve is recovering well from surgery. We're trying to keep our membership updated on Steve's progress as well as let concerned parties know how they can help out through our forums on www.mtscca.com.

We'll be holding fundraisers to help offset the unexpected costs they are facing. Please help however you can and keep them in your thoughts.

2013 Race Schedule – less than 2 weeks to track!!!!

Date	Event
4/21	Expo Park
5/18-19	Montana Challenge Race #1 in Helena, MT
5/25-26	Expo Park 2 Day Event
6/23	Expo Park
7/7	Expo Park Evening Race
8/10-11	TOP GUN in Helena, MT
8/25	Expo Park Evening Race
9/7-8	Cone Heads in Helena, MT
9/15	Expo Park
10/6	Expo Park
10/13	Expo Park

In addition to our schedule, there are two additional Montana Challenge races in Helena to enjoy. The first is hosted by the Big Sky region (Missoula) on June 8th and 9th; the second is hosted by Southwest Montana region (Bozeman) on July 27th and 28th.

April Meeting Minutes

Our complete March meeting minutes will be reviewed and finalized at our next monthly meeting on April 25th; however, some of the highlights of our meeting were:

- Malmstrom AFB package is being reviewed by the final base office; we should hear soon on possibly adding a few events on the base this year.
- Street Survival - update as detailed in this newsletter was briefed.
- Race pricing at Malmstrom was discussed
- Car rally as a PR event/membership drive was discussed





Tire Rack Street Survival Update

We are on track with executing our Street Survival teen driving program on May 11th. We've covered the program in depth in previous Panic Slips and thus will not re-hash that information. If you're not familiar with the program, information can be found at <http://streetsurvival.org/>. Parents may also register their teens through this site.

This month's update looks much like last month's; however, there has been significant progress across the board with our program. We're scheduled to appear on KFBB's community spotlight in April (exact date will be released as soon as we know it), are beginning our sponsorship drive, have reached out and received coaching support from our Missoula SCCA brethren, and have our on-line registration up and running fully.



A brief note on sponsorships for the program...if you know of a business or individual interested in providing sponsorship at any level, we can greatly use the assistance. By-name recognition both during the event as well as in our media exposure is available commensurate with their level of sponsorship. If you know of any individuals or businesses that you feel would be interested, please contact me at montanastreetssurvival@gmail.com.

We have yet to fill one functional lead position, two driving coach positions, and several event staff positions that we need to fill as soon as possible to

make this event flow as smoothly as possible. Details on these positions are:

Functional lead position – we need one person to make arrangements for breakfast snacks, coffee for parents and instructors, bottled water, and a lunch meal (buffet style – possibly Subway) for 40 students, parents, and staff. All food expenses will be paid by our region up front – no out-of-pocket expenses for our volunteer. Should require no more than two hours work prior the event date and roughly a half day's work on the day of the event with some ground work already being laid for procuring the meal. Volunteer will also receive a free lunch and complimentary TRSS staff t-shirt.



Driving coach – fundamental knowledge of car handling such as understeer, oversteer, and weight transfer is highly desired. Must be able to communicate with teens (regardless of hair, piercings, etc.), must not be exceptionally prone to motion sickness, and must be able to calmly sit in the passenger seat with students maneuvering at and beyond the limits of their cars (minor spins/slides/etc.). Qualified volunteers receive a free lunch and complimentary TRSS staff polo shirt.

Event Staff positions – volunteers are needed to provide assistance on the day of the event. This may include course set-up, cone chasing during the event, and other activities. Volunteers will receive a free lunch and complimentary TRSS staff t-shirt.

If you are interested in helping out, please contact Dave Sherman at 868-8060 or through the TRSS e-mail at montanastreetssurvival@gmail.com.

Tips from the Grid

This month's subject is Race Day Morning and actions you can take to maximize your day's performance.

First and foremost is to arrive early, rested, and fed. There is an extreme level of physical and mental activity associated with participating in a full day of autocrossing. Much the same as your car, you simply can't perform to your top potential unless you're properly fueled and in top condition. Having a good dinner the night before and getting a full night's sleep are two basic things you can do to enhance your performance.

It's also important to arrive prepared for your needs throughout the race day. Clothing for Montana's changeable weather, sunscreen, snacks, water, lunch...all should be given consideration prior to the day of the event. Don't underestimate your need for water – the stresses associated with racing dramatically increase your body's need for hydration!



Arriving with a prepared car on the morning of the race can also increase your performance by reducing your stress level. The evening before the race, pre-check your air pressures, fluid levels, and tire conditions. Also, go ahead and empty out the trunk,

pull out your subwoofer, and clean those fast food bags out of the back seat. Anything you can do ahead of time will make your set-up easier once you arrive at the race. This has the added bonus of giving you more time to visit with your fellow racers as well as giving you time to participate in course set-up (giving you the first look at the course!).

Your 2013 Region 105 Officers:

Regional Executive – Kip Anderson
 Contact number: (406)453-3494
 E-mail: kip@pacific-steel.com

Assistant Regional Exec – Dustin Ostberg
 Contact number: (406)788-2623
 E-mail: dustin.ostberg@gmail.com

Treasurer – Stan Howard
 Contact number: (406)788-1735
 E-mail: stannadel@gmail.com

Secretary – David Sherman
 Contact number: (406)868-8060
 E-mail: region105panicslip@gmail.com

Competition Chair – Nathan Church
 Contact number: (406)761-2750
 E-mail: nathan@406racing.com

Member at Large – Jeff Thill
 Contact number: (406)788-8808
 E-mail: thillagency@yahoo.com

Your committee leaders:

Safety Steward – Bob Stevenson
 Contact number: (406)781-2647
 E-mail: bobcetera@bresnan.net

Street Survival Program – David Sherman
 Contact number (406)868-8060
 E-mail: montanastreetssurvival@gmail.com

Send Panic Slip submissions and suggestions to our Panic Slip Editor, David Sherman, at Region105PanicSlip@gmail.com